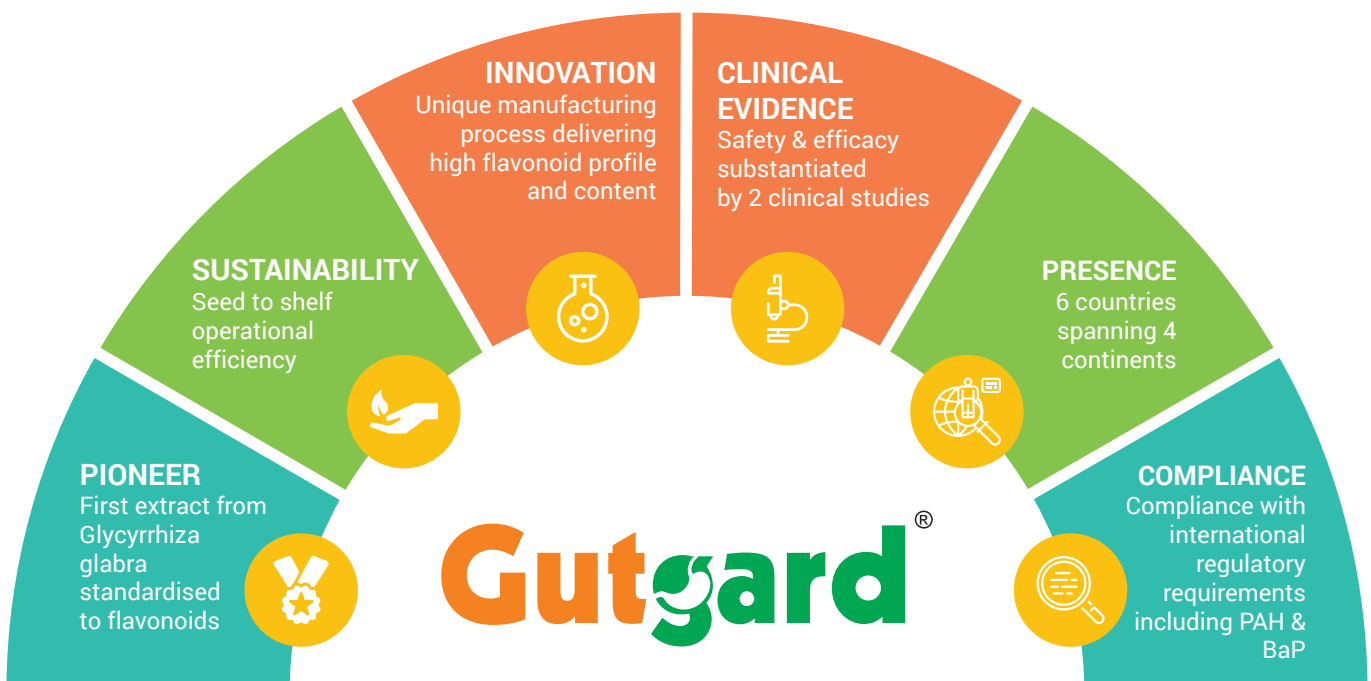




The Natural Probiotic Partner for Gut Health

GutGard® is a patented flavonoid rich phytochemical composition for improving gut health.

Why choose GutGard®?



GutGard® has low water activity¹

Gutgard®

NEW STUDY

Effect of Flavonoid-Rich Extract of *Glycyrrhiza glabra* on Gut-Friendly Microorganisms, Commercial Probiotic Preparations, and Digestive Enzymes¹

GutGard® is Compatible with Probiotic Preparations¹

TREATMENT GROUPS	PROBIOTIC COUNT (cfu/ml)			
	Day 0	Day 1	Day 7	Day 14
Probiotic 2 + Flavonoid RE 150 mg	27.7×10 ⁸	28.8×10 ⁸	26.0×10 ⁸	23.3×10 ⁸
Probiotic 2 + Flavonoid RE100 mg	23.3×10 ⁸	24.4×10 ⁸	25.6×10 ⁸	22.4×10 ⁸
Probiotic 2	23.1×10 ⁸	22.7×10 ⁸	30.0×10 ⁸	29.8×10 ⁸

Conclusion: Overall, GutGard® is compatible with the tested probiotic strains, probiotic drinks, and digestive enzymes. Also, GutGard® is stable in the tested probiotic drink for the entire shelf life of the drink. Therefore, GutGard® can be safely incorporated or combined with probiotics, and/or with the tested digestive enzymes for added gut health benefits.¹

Results from a double blind placebo controlled clinical trial, GutGard®^{2,3}

- Reduces upper abdominal fullness, belching and bloating
- Reduces upper abdominal pain
- Reduces early satiety and Nausea
- Reduces the H. pylori load
- Overall decreased total dyspepsia symptoms score by 45% as compared to placebo
- Significantly improved quality of life as evident from 'Nepean Dyspepsia Index'

Recommended Dose^{2,3}: Adults - 150 mg/day

Availability: GutGard® is available as a free-flowing powder with a unique chemical and biological quality control support.

References :

1. Effect of Flavonoid-Rich Extract of *Glycyrrhiza glabra* on Gut-Friendly Microorganisms, Commercial Probiotic Preparations, and Digestive Enzymes. Asha et. al. Journal of Dietary Supplements, 00(00):1–11, 2016 Copyright © Taylor & Francis Group, LLC DOI: 10.1080/19390211.2016.1223257
- 2 Anti-ulcer and antioxidant activity of GutGard. Moumita et. al. Indian Journal of Experimental Biology Vol. 48, March 2010, pp. 269-274
- 3.Sreenivasulu Puram et.al Effect of GutGard in the Management of Helicobacter pylori:A Randomized Double Blind Placebo Controlled Study,Evidence-Based Complementary and Alternative Medicine ,Volume 2013, Article ID 263805.

WANT TO KNOW MORE?

INDIA: Natural Remedies Pvt Ltd.

5B, Veerasandra Industrial Area,19th K.M., Hosur Road, Bangalore - 560 100

+91 80 4020 9999 | +91 80 4020 9817 | hhp@naturalremedy.com

www.naturalremedy.com



Disclaimer: These statements have not been evaluated by the food and drug administration or any other regulatory body. These products are not intended to diagnose, treat, cure, or prevent any disease.