GutGard® is a patented flavonoid rich phytochemical composition for improving gut health.

Why choose GutGard®?

- **Innovation**: Unique manufacturing process delivering high flavonoid profile and content
- **Clinical Evidence**: Safety & efficacy substantiated by 2 clinical studies
- **Sustainability**: Seed to shelf operational efficiency
- **Presence**: 6 countries spanning 4 continents
- **Compliance**: Compliance with international regulatory requirements including PAH & BaP
- **Pioneer**: First extract from Glycyrrhiza glabra standardised to flavonoids
NEW STUDY

Effect of Flavonoid-Rich Extract of Glycyrrhiza glabra on Gut-Friendly Microorganisms, Commercial Probiotic Preparations, and Digestive Enzymes

GutGard® is Compatible with Probiotic Preparations

<table>
<thead>
<tr>
<th>TREATMENT GROUPS</th>
<th>PROBIOTIC COUNT (cfu/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Day 0</td>
</tr>
<tr>
<td>Probiotic 2 + Flavonoid RE 150 mg</td>
<td>27.7×10⁸</td>
</tr>
<tr>
<td>Probiotic 2 + Flavonoid RE100 mg</td>
<td>23.3×10⁸</td>
</tr>
<tr>
<td>Probiotic 2</td>
<td>23.1×10⁸</td>
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</tbody>
</table>

Conclusion: Overall, GutGard® is compatible with the tested probiotic strains, probiotic drinks, and digestive enzymes. Also, GutGard® is stable in the tested probiotic drink for the entire shelf life of the drink. Therefore, GutGard® can be safely incorporated or combined with probiotics, and/or with the tested digestive enzymes for added gut health benefits.

Results from a double blind placebo controlled clinical trial, GutGard®

- Reduces upper abdominal fullness, belching and bloating
- Reduces upper abdominal pain
- Reduces early satiety and Nausea
- Reduces the H. pylori load
- Overall decreased total dyspepsia symptoms score by 45% as compared to placebo
- Significantly improved quality of life as evident from 'Nepean Dyspepsia Index'

Recommended Dose: Adults - 150 mg/day

Availability: GutGard® is available as a free-flowing powder with a unique chemical and biological quality control support.

References:

Disclaimer: These statements have not been evaluated by the food and drug administration or any other regulatory body. These products are not intended to diagnose, treat, cure, or prevent any disease.