

## Hepatoprotective Potential of PHYTOCEE®: Effects on SOD, Catalase, and GSH

### OBJECTIVE

To evaluate the hepatoprotective potential of PHYTOCEE® in carbon tetrachloride induced oxidative stress rat model study.

### MATERIALS AND METHODS

Male rats (n=36) were randomly allotted to six groups each consisting of six animals. G1 was administered with vehicle control (demineralized water 10 ml/kg), G2 served as a negative control (CCl<sub>4</sub> with olive oil in 1:1 ratio). The remaining four groups were administered orally with Vitamin C (20 mg/kg), or PHYTOCEE® (20, 100, 200 mg/kg). Vehicle, Vitamin C and PHYTOCEE® were administered for 10 days to the respective groups and all animals except in vehicle control group were challenged with carbon tetrachloride (1:1 in olive oil). Animals were euthanized; liver was excised, blotted and processed for the biochemical assays.

### RESULTS

**Table 1. Effect of PHYTOCEE® on SOD, catalase and GSH**

| Treatment Groups             | SOD<br>(U/mg protein) | Catalase<br>(U/mg protein) | GSH<br>(μmoles/g liver) |
|------------------------------|-----------------------|----------------------------|-------------------------|
| G1- Vehicle control          | 4.30±0.40             | 17.29±1.33                 | 6.15±0.29               |
| G2- CCl <sub>4</sub> control | 3.68±0.37             | 12.73±0.78                 | 9.42±0.42*              |
| G3- Vitamin C (20 mg/kg)     | 5.00±0.39             | 17.24±1.43                 | 7.83±0.57               |
| G4-PHYTOCEE® (20 mg/kg)      | 5.06±0.36             | 18.86±1.93                 | 8.06±0.37               |
| G5-PHYTOCEE® (100 mg/kg)     | 4.59±0.53             | 17.76±2.54                 | 8.05±0.24               |
| G6-PHYTOCEE® (200 mg/kg)     | 4.95±0.52             | 16.89±1.60                 | 7.49±0.46 <sup>#</sup>  |

Values are expressed as mean ± SEM; n=6, \*p≤ 0.05 vehicle control versus CCl<sub>4</sub> control; #p≤0.05 CCl<sub>4</sub> control versus treated groups; SOD, Superoxide dismutase, GSH, Reduced glutathione

### CONCLUSIONS

- PHYTOCEE® administration modulated the GSH levels at the dose of 200 mg/kg revealing significant antioxidant effect.
- PHYTOCEE® administration markedly increased the activities of hepatic enzymatic antioxidant defenses i.e., SOD and catalase.
- PHYTOCEE® markedly reversed the effects of CCl<sub>4</sub> induced oxidative stress and could protect the liver through its antioxidant defence mechanism.

### OUTCOME

Hence, PHYTOCEE® was confirmed to possess antioxidant properties.